

# How to Plan YOUR SENIOR SESSION



A step-by-step guide on how to  
plan all of your senior photos

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Photography

# Begin with the important things...

What are the important things you want captured:

What is something special you are bringing:



*important tip*

Think about things that represent you! What is your favorite hobby, animal, location?

Hello there. Thanks so much for choosing me to be your senior photographer! Whether you chose me, or your parent/guardian made the decision for you, I'm glad you're here.

Senior year is a big year. It's YOUR year. Which means your senior photos should look and feel like you. Not like your parents. (Sorry, Mom and Dad!) Not like your friends. (I'm sure they're great!) But you. During your session, we're going to laugh, joke around, take some natural shots, and have a good time capturing who you are right now, in this special moment.

There's a lot of good information in this senior session client guide, and more updates are forthcoming. Take your time reading through this info, and please reach out if you have any questions.

# Hair & Makeup

- If you want a fresh cut for your session, plan it to be at least a week before.
- Plan ahead for prep time and eating!
- Guys - groom/shave.
- Stay away from peels, masks, or other skin treatments for at least one week.
- Don't overdue it with self tanners and spray tans or the actual sun.
- Bring Chapstick.



## *important tip*

If you choose to do your own makeup, go a tish darker than you would naturally. Add natural glow to your skin with extra moisture. Bring makeup with for touch-ups as needed. MN is humid in the summer and you will most likely need it!

# Choosing Outfits

- Think COMFORT!
  - If you don't like fitted clothes, don't bring them! Choose something you are able to move in...because we move a lot!
- Bright and bold.
  - Consider clothes that compliment your skin tones.
- Add Layers
  - Adding layers to your clothes give dimension and fun posing possibilities!
- Accessories
  - Changing and adding accessories can totally change the look of your outfit. Scarves, hats, earrings, necklaces, etc.
- Variety
  - Choose a variety of looks.
  - Think about these categories: casual, dressy, school-related, sports, fashion, preppy or edgy.



*important tip*

Always bring one outfit that you would typically wear.



# Locations

We live in such a beautiful area, but thin about what you want your photos to show.

- Urban/City Locations
- Building/Architecture
- Rustic/Country
- Nature/Park
- Studio



- Then think of the season you want.
  - Summer
  - Fall
  - Winter
  - Spring

*important tip*

Think of what you may want in your photos. Wheat is typically best the end of July/beginning of August. Sunflowers are best the middle of August.



## A few things to note...

- I hand edit every photo that you receive in your gallery. I do not outsource (pay) someone else to edit my photos as I feel like this is an integral part of my style that I wouldn't trust with anyone else. Editing can take anywhere from 4-8 weeks for seniors, so please keep this in mind when booking your session.
- I do not "photoshop" everything and typically edit out things that are not permanent (scratches, bug bites).



# The Week of Your Session

- Iron/Steam all outfits to be sure they are wrinkle free and TRY EVERYTHING ON. Don't forget proper undergarments and accessories for each look.
- Pack water and snacks.
- Drink plenty of water before!
- Sleep!
- Stay out of the sun – sunburn and heat exhaustion are no fun.



# Outfits

- Take a photo of your outfit/ideas and put here.

# Inspo Ideas

- Any inspiration ideas here.